



THE WILSONS LUNCH MENU


SOUP

Freshly Homemade, Seasonal Soup served with a chunk of freshly made Bread £5.25

 Please Specify Gluten Free Bread

FRESHLY MADE SANDWICHES

On freshly baked White or Brown Bloomer, all served with Dressed Salad, Potato Salad and Tortilla Crisps

- ❖ Grated Cumbrian Cheddar with Real Ale and Apple Chutney £6.20 
- ❖ Honey Glazed Local Ham with Cumberland Honey Mustard £6.95
- ❖ Roasted topside of Beef with Horseradish Mayonnaise £6.95
- ❖ Tuna Mayonnaise with sliced Red onion and Cucumber £6.20
- ❖ Chicken Mayonnaise with Crispy Bacon and Lettuce £6.95
- ❖ Large Fresh Saltwater Prawns with Marie Rose £7.10

❖ Beetroot Tortilla Wrap Filled with Roasted Mediterranean Vegetables and Hummus £5.95  

 Please Specify Gluten Free Bread



Why not Add a side of Chips for £3.50 OR Add a Bowl of Soup £2.95

HOT CIABATTA SANDWICHES

- ❖ Minute Beef Steak with Fried Onions £7.95
- ❖ Local Cumberland Sausage with fried Onion & Honey Mustard Relish in a Ciabatta Bun £6.95
- ❖ Waberthwaites Bacon, Brie and Cranberry Sauce £6.95
- ❖ Fillet of Fish in a Bap with Cos Lettuce & Tartar Sauce £7.45
- ❖ Chunky Chip Bap £3.95



PLATTERS

The Wilsons Platter: Homemade Pork Pie, Cumbrian Cheddar, Honey Glazed Ham, Apple & Ale Chutney, Dressed Salad & a Wedge of freshly Baked Bread £11.25

The Vegetarian Platter: Vegetable Spring Roll, Baked Vegetable Samosas with Sweet Chilli Dipping Sauce, Hummus & Focaccia with Roasted Mediterranean Vegetables with Goats Cheese and Black Pepper Bonbon & Pesto Dressing £11.25   *Gluten Free Optional*

Fish Platter: Mini Fish & Chips, Mackerel, Dill and Horseradish Terrine, Prawn Marie Rose, Smoked Salmon and Homemade Treacle Bread served with Pickle Cucumber and Tartar Sauce £11.25

Allergens & Intolerance: Before ordering your meal, please speak to a Member of our Team if you have any queries or dietary requirements

 Suitable for Vegetarians  Gluten Free  Vegan

