



Lunch at The Wilsons Arms

Served Between 12pm and 5pm

Sandwiches £8.00

Garnished with Mixed Salad and Coleslaw

Roast Beef and Horseradish

Honey Glazed Ham, Mustard Mayo

Cheese & Chutney

Roast Pork & Apple Sauce, Sage & Onion Stuffing

Chicken, Bacon, Cos Lettuce and Mayonnaise

Tuna Mayo

Prawn Marie Rose

All sandwiches are served on White or Brown
Gluten-Free Bread is Available upon request.

Wraps £8.50

Roasted Vegetable and Halloumi Wrap with a pesto
Dressing garnished with Mixed Salad and Coleslaw

Grilled Chicken & Bacon with Avocado , Cos Lettuce
and a Cesar Dressing

Bar Snacks £8.50

Halloumi Fries with a choice of dipping Sauce

Calamari Rings with a choice of dipping Sauce

Breaded Chicken Bites

Hot Sandwiches

Garnished with Mixed Salad and Coleslaw

Minute Steak £10.50

With Fried Onions

Bacon, Brie, And Cranberry £9.50

Sausage £9.50

With Whole Grain Mustard

Severed on a toasted Ciabatta

Soup of the day £7.50

Served with Crusty Bread and Butter

Soup & Cold Sandwich £12.00

Jacket Potatoes £9.50

With Choice of Fillings

Baked Beans

Tuna Mayo

Bolognese

Mature Cheddar

Our Jackets are Served with Mixed Salad,
Coleslaw and a balsamic Glaze

Wilson's Ploughman's £16.75

Honey Glazed Ham, Cheddar Cheese, Pork
Pie, Apple & Ale Chutney, Salad, Coleslaw,
Served with Sourdough Bread

If you have a food allergy or intolerance, please advise a member of our team when ordering. Although we try our utmost to prevent cross-contamination, please be advised that our food may have come into contact with Peanuts, Tree Nuts, Soy, Milk, Eggs, Wheat, Shellfish, or fish. Please ask a member of our team about the ingredients used in your meal before ordering. Many Thanks

THE
WILSON ARMS
FREE HOUSE

STARTERS

Soup of The Day £7.50
Crusty Bread & Butter

Caprese Salad £8.50
Mozzarella, Juicy Tomato and
Fresh Basil

Garlic Mushrooms £9.00
(Vg)

Button mushrooms Served on
a Homemade Focaccia

Halloumi fries £8.50
With a sweet chilli dip

Fishcake £9.50

Salmon & Smoked Haddock
Fishcake, served with
Romesco Sauce

Cesar Salad £9.50

Sliced Chicken breast, Streaky Bacon,
Avocado and homemade Croutons

Baked Camembert £12.50

Served with a toasted ciabatta and a red
onion chutney (perfect for sharing)

Wilson's Classics

Gammon Egg & Chips (GF) £19.50
Roasted Pineapple, Fried Hens egg, and
Chunky Chips

Haddock & Chips
(GF-adaptable) £18.75
Homemade Mushy Peas, Tartare Sauce,
Chunky Chips
Light bite Version for £13.00

Chargrilled Ribeye Steak (GF) £28
Portobello Mushroom, Roasted Tomato,
Watercress, Chunky Chips

Wholetail Scampi £18.50
Served with Homemade Tartar Sauce,
Garden Peas and Chunky Chips

Classic Steak & Ale Pie £19
Served with seasonal veg, Mash potato or
Chunky Chips

Chefs Specials

Homemade Chicken Fillet Burger £19.50
Served in a Ciabatta with a traditional Korean
sauce, Chunky Chips and Salad Garnish

Cartmel Valley 8oz Beef Burger £19.5
Served in a Ciabatta, Topped with Woodalls
Bacon, Cheddar Cheese, Lettuce, Relish, Gherkin
& Chunky Chips

Cauliflower, Spinach & lentil Pie (VEGAN) £16
Puy Lentils, Broccoli

Crispy Belly Pork £17.50
Mash, Apple and Black Pudding Fritters, Whole
Grain Mustard Sauce

Chickpea and Aubergine Curry
(VEGAN and GF-adaptable) £17
Basmati Rice, Popperdoms
Why not add chicken for £5

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SIDES

Battered Onion Rings £5
Seasonal Root Vegetables £4
Chunky Chips £5
Skinny Fries £5
Peppercorn Sauce £3.50
Blue Cheese Sauce £3.50

CHILDRENS MENU £8.50

Fish Goujons
Chips, & Homemade Mushy Peas

Chicken Goujons
Chips & Peas or Beans

Sausage
Chips & Peas

Macaroni Cheese (v)
Garlic Bread

Spaghetti Bolognese

Pesto Pasta

PASTA

All of our pasta is homemade here at The Wilsons

Spaghetti Bolognese
£12.95
Homemade spaghetti with Italian beef ragu

Pesto Pasta £10.95
Homemade Pesto Pasta topped with parmesan shavings and Fresh Basil

Why not add King Prawns £5.00

DESSERTS

Homemade Sticky Toffee Pudding £7.25
Butterscotch Sauce, Vanilla Ice Cream

Homemade Chocolate & Caramel Brownie (GF) £7.25
Honeycomb, Salted Caramel Ice Cream

Homemade Lemon Tart £7.25
Wild Berry Compote & Raspberry Sorbet

Sharing Cumbrian Cheese Selection £14.50
Artisan Biscuits, Grapes & Chutney



Sunday at The Wilson Arms

Served from 12pm onwards

SUNDAY ROASTS £17

Choice of...

Rare Roast Top Side of Beef

Roast Cumbrian Pork Loin

Roast Shoulder of Lamb

NUT ROAST £16

Nut Roast (vegan)

All are Served with Roasted Root Vegetables, Braised Red Cabbage, Roast and mashed Potato, Broccoli, Yorkshire Pudding, and Homemade Gravy.

Apple Sauce, Mint sauce, and creamed Horseradish are available on request

Wilson's Cauliflower Cheese £5

Our full menu is also available all day on a Sunday

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