



## Lunch at The Wilsons Arms

Served Between 12pm and 5pm

### COLD SANDWICHES £8

Roast Beef and Horseradish  
Honey Glazed Ham, Mustard Mayo  
Cheese & Chutney  
Chicken & Bacon Mayo  
Tuna Mayo  
Prawn Marie Rose

*All sandwiches are served on White or Brown Bread and garnished with Mixed Salad and Homemade Coleslaw Gluten-Free Bread Available upon request.*

### HOT SANDWICHES £11.50

Bacon, Brie, & Cranberry  
Sausage with Wholegrain Mustard  
Minute Steak with fried Onions

*All hot Sandwiches are served on a toasted Ciabatta garnished with Mixed Salad and Homemade Coleslaw*

### SOUP OF THE DAY £8

Served with Crusty Bread and Butter

### JACKET POTATO £9.5

With Choice of Filling  
Baked Beans  
Tuna Mayo  
Mature Cheddar

*Our Jackets are served with mixed Salad, Coleslaw and a balsamic Glaze*

### BAR SNACKS

Halloumi fries £8.5  
with a sweet chilli dip

Fish Goujons £9.5  
with Homemade Tartar Sauce



## STARTERS

**Soup of The Day £8**  
Crusty Bread & Butter

**Halloumi Fries £8.5**  
With a sweet Chilli dip

**Venison Scotch Egg £9.00**  
Black Garlic Mayonnaise

**Fish Goujons £9.50**  
With homemade Tartar Sauce

**Smoked Mackerel Pate £9.50**  
With a dill & Tomato salsa served with toasted Sourdough

**Mozzarella Cheese & Pesto Arancini £9.25**  
served with a roasted red Pepper sauce

## MAINS

**Haddock & Chips (GF-adaptable) £19**  
Traditional Mushy Peas, Homemade Tartar Sauce Served with Chunky Chips or Skinny Fries  
**Lite bite £14**

**Wholetail Scampi £18.5**  
served with Homemade Tartar Sauce, Garden Peas and Chunky Chips or Skinny Fries

**Gammon Egg & Chips (GF) £19.5**  
Roasted Pineapple, Fried Hens egg, and Chunky Chips or Skinny Fries

**Classic Steak & Ale Pie £20**  
served with seasonal veg, Mash potato or Chunky Chips

**Curried Cauliflower, Spinach & lentil Pie (V) £17**  
Served with Puy Lentils and Seasonal Vegetables

**Minted Lamb Henry £24**  
Served with Creamy Mash Potato, roasted root Vegetables & Gravy

**Chargrilled Ribeye Steak (GF) £30**  
Portobello Mushroom, Roasted Tomato, Watercress, and chips of your choice

**Woodall's Cumberland Sausage £19.50 (GF UPON REQUEST)**  
Creamy mash, Onion Gravy, Peas, and topped with an Apple Compote

**Cartmel Valley 8oz Beef Burger £19.50 (GF UPON REQUEST)**  
Topped with Woodalls Bacon, Cheddar Cheese, Lettuce, Relish, Gherkin, Brioche Roll, served with Coleslaw,  
Chunky Chips or Skinny Fries

## SALAD`S

### Chicken Cesar Salad £12.50

Fresh cos Lettuce, Herb Croutons, Anchovies, Smoked Maple Glazed Pancetta, Parmesan, Avocado & Cesar dressing

### Prawn Marie Rose £12.50

Fresh cos Lettuce, Spring Onion, Cherry Tomato, Cucumber, Celery

## CHILDRENS MENU £8.5

### Fish Goujons

Chips & Homemade Mushy Peas

### Chicken Goujons

Chips & Peas or Beans

### Sausage

Chips & Peas

### Vegetarian Nuggets

Chips & Peas

## SIDES ORDERS

Battered Onion Rings £5

Chunky Chips £5

Skinny Fries £5

Peppercorn Sauce £3.50

Blue Cheese Sauce £3.50

## DESSERTS £8.25

### Homemade Sticky Toffee Pudding

Butterscotch Sauce, Vanilla Ice Cream

### Homemade Chocolate & Hazelnut Brownie (GF)

Honeycomb, Salted Caramel Ice Cream

### Crème Brulée

served with shortbread Biscuit and Strawberries



## SUNDAY AT THE WILSONS

Served from 12pm onwards

SUNDAY ROASTS £18.5

Choice of... Rare Roast Top Side of Beef  
or  
Roast Cumbrian Pork Loin

NUT ROAST £16  
Nut Roast (vegan)

All are Served with Roasted Root Vegetables, Braised Red Cabbage, Roast and mashed Potato, Broccoli, Yorkshire Pudding, and Homemade Gravy.

Apple Sauce, Mint sauce, and creamed Horseradish are available on request

Wilson's Cauliflower Cheese £5